



HYSTEOSALPINGOGRAM

- The hysterosalpingogram (HSG) is an X-ray study of the uterus and fallopian tubes. The procedure involves the introduction of radiopaque dye into the uterus through a special instrument. X-ray pictures are then taken as the dye passes from the uterus and out of the ends of the tubes. The test helps to determine that the tubes are open and that the uterus is normally shaped.
- During the procedure, you may experience some mild cramping. You may also have cramping along with light bleeding for a day or so after the procedure. These symptoms are to be expected and should not be cause for alarm. Take ibuprofen or Aleve (unless allergic) before and after the procedure. These may be purchased over the counter. You may return to work the same day if you desire. You will be prescribed an antibiotic to prevent any type of infection. The prescription will be given to you.
- It is **not** normal to experience **acute abdominal pain, heavy bleeding, or fever**. If you should develop these symptoms, you should **contact the office as soon as possible**.
- The procedure is generally performed between the fourth and twelfth days of your menstrual cycle. To schedule, you should call scheduling (205-803-1960 or 1-800-338-0758) as soon as your period starts so that the X-ray can be scheduled with the Department of Radiology. (If your period starts over the weekend, call Monday at 8:00 a.m. If your period starts Monday-Friday, call on day 1).
- If you have any questions, feel free to discuss the procedure with one of the nurses at the office; leave a message on the Nurse Message Center.
- A hysterosalpingogram is a safe procedure. However, complications can occur. **THIS IS VERY RARE**. Possible complications include infection, bleeding, pain, uterine perforation and allergic reaction to the medications. Please call the nurse immediately if you experience any of the following symptoms during the week following the procedure.
 1. Temperature over 100° Fahrenheit.
 2. Excessive vaginal bleeding. Minimal spotting is normal.
 3. Foul smelling vaginal discharge.
 4. Severe pelvic pain.
 5. Nausea or vomiting.
 6. Rash or itching.

Instructions to prepare for your HSG:

1. Purchase Advil, Aleve, Motrin (or any brand ibuprofen) over the counter and take according to the instructions on the bottle 30 minutes to one hour prior to the HSG.
2. Begin your antibiotic the morning of the HSG. Complete your antibiotics according to the instructions on the prescription. Make sure you take the antibiotic with food.
3. Arrive 45 minutes prior to your appointment for your HSG in Out-Patient Registration on the first floor of the Ambulatory Care Center at Brookwood Hospital.
4. **DO NOT EMPTY YOUR BLADDER** prior to your HSG as a semi-full bladder may aide in the ease of the test.
5. Please discontinue Glucophage 48 hours prior to HSG and if you don't experience any problems, you may resume Glucophage 48 hours after procedure.